



All of Us Can Be a Part of the Solution

Houston 2018 - 2019

A substance use resource guide for prevention, treatment,
and recovery to help those who need it most.

Members of the following organizations contributed to the resource guide:

Clinton Foundation

Institute for Spirituality and Health

The Council on Recovery

BAPS Shri Swaminarayan Mandir

Mercy Street (Chapelwood UMC)

Christian Tabernacle

Chung Mei Buddhist Temple

Clear Lake Islamic Center

Congregation Beth-Israel

Congregation Brith Shalom

Congregation Emanu El

Faith Lutheran Church

First Congregational Church

Houston Graduate School of Theology

Kingdom Works, Inc.

Renacer Community Church

Wheeler Avenue Baptist Church

On behalf of the Clinton Foundation and our partners at the Institute for Spirituality and Health and the Council on Recovery, we are pleased to offer this Substance Use Disorders and Recovery Resource Guide to the greater Houston community. This guide is the fruit of arduous and exciting labor of distinguished faith leaders from throughout Houston. This guide provides a listing of prevention, treatment and recovery resources to bring hope and healing to individuals, families, and communities.

Last year, we lost more than 72,000 lives to drug overdoses in the United States alone. That amounts to 197 lives lost every day, eight overdose deaths every hour, and another life lost every eight minutes. But these deaths are more than statistics; each of these were real people with real stories. They were moms and dads, brothers and sisters, sons and daughters, friends and co-workers. The circumstances of their deaths may differ from person to person, but what they have in common is the reality that they are gone, and they were unable to stave off the horrors of addiction. Sadly, the tragedy is compounded by a continued surge in overdose deaths driven primarily by opioids.

The disease of addiction affects all of us, regardless of age, race, gender, creed, religion, or lack of religion. Gone are the days of not knowing someone – directly or indirectly – with an addiction problem. Because it affects all of us, it will require all of us working together to make a difference. There is no silver bullet to solve for this crisis. It will take a long-term, sustained approach and the involvement and deep partnership of organizations and individuals across sectors and in all pockets of our communities.

To this end, members of the Houston faith-based community worked across their own faith traditions to develop this guide together. Faith leaders help educate, motivate, and mobilize their communities and can be the catalyst and the glue that hold all of us together while we all hold on to hope that this can and will get better. Working together collectively across faith traditions reminds us all that the whole truly is greater than the sum of its parts.

This guide attempts to provide many of the services and resources that are available to the greater Houston community. We hope that it will help residents navigate through the web of available services and find what they need. If you have found this guide useful, please pass it on to a person who needs it!

Treatment Programs

SAMHSA TREATMENT SERVICES LOCATOR

A comprehensive, confidential, and anonymous source of information for persons seeking treatment facilities in the United States or U.S. Territories for substance abuse, addiction, and mental health problems.

1-800-662-4357

www.findtreatment.samhsa.gov/

RESIDENTIAL TREATMENT FOR ADULTS

The Arbor – Austin

Integrative and holistic approach to treat substance use disorders, as well as underlying mental health and psychological issues. Gender-specific programs, intensive outpatient, sober living. Accepts private insurance.

844-560-7269

www.thearbor.com

Awakenings Hill Country for Women – Fredericksburg

Specialized treatment for women. Faith-based programs available. Accepts private insurance.

830-997-2675

www.awakeningshillcountry.com

Cheyenne Center – Houston

Transitional and intensive residential treatment for men, and outpatient treatment for adults with chemical dependence. Accepts Medicaid, private insurance, and private-pay.

713-691-4898

www.cheyennecenter.com

Cenikor – Deer Park

Offers a variety of programs to treat addiction including detox, inpatient, sober living, and prevention programs. Accepts Medicaid, private insurance, and private-pay.

1-888-236-4567

www.cenikor.org/

Driftwood Recovery – Driftwood

Addiction treatment and pain recovery; residential and intensive outpatient. Accepts private insurance.

866-426-4694

www.driftwoodrecovery.com

Great Oaks Recovery – Egypt

Complete treatment experience from detoxification to continuing care for individuals and families. Accepts private insurance and self-pay.

877-977-3268

www.greatoaksrecovery.com

Houston Discovery Community – Houston

Safe and modern residential treatment facility built upon a foundation of responsible residents who are committed to taking accountability for regaining control of their lives. 30, 60, 90 Or 120 day programs available. Accepts Medicaid and private insurance.

281-857-7591

www.houstondiscoverycommunity.com

Into Action Recovery Centers – Houston

Personalized treatment for drug and alcohol use disorders. Detox, residential, and intensive outpatient. Private insurance and flexible self-pay.

844-694-3576

www.intoactionrecovery.com

La Hacienda – Hunt

Medical and detox services; collegiate chemical dependency recovery program; recovering professionals program; prescription drug dependence; Christian focus group; Intensive Outpatient Services. Accepts most private insurance plans.

800-749-6160

www.lahacienda.com

Memorial Hermann Prevention and Recovery Center – Houston

Alcohol, drug, and dual-diagnosis treatment center serving adults and adolescents. Detox, residential treatment, partial hospitalization, intensive outpatient. Accepts private insurance plans and self-pay.

713-939-7272

www.parc.memorialhermann.org

Open Door Mission – Houston

Faith and evidence-based recovery and rehabilitation facility helping homeless men with substance use disorders. No detox.

713-921-7520

www.opendoorhouston.org

Recovery Unplugged – Austin

Comprehensive music-based treatment for individuals struggling with drug or alcohol addiction. Detox, inpatient, and outpatient. Accepts private insurance.

855-384-6340

www.rutexas.com

Sante Center for Healing – Argyle

Addresses addictive behaviors and associated conditions with an integrated addiction treatment model, drawing from traditional and innovative approaches. Detox, residential, intensive outpatient. Accepts private insurance.

866-238-3154

www.santecenter.com

Salvation Army Adult Rehabilitation Center - Houston

Repairs broken lives of men who are addicted to alcohol and drugs through a program that includes work therapy, recreation, worship, health care, education and counseling, both individual and group. No cost for men who are homeless.

(713) 869-3551

www.salvationarmyhouston.org/arc/

Santa Maria – Houston

Multi-site residential and outpatient treatment center for pregnant and parenting women and children. Detox, intensive residential and residential supportive treatment.

713-691-0900

<http://www.santamariahostel.org/>

Starlite Recovery Center – Cedar Point

Offers a variety of specialty programming options including services for young adult men, members of the LGBT+ community, and those who wish to have Christian principles incorporated into their care. Detox and residential treatment. Private insurance accepted.

866-560-3812

www.starliterecovery.com

Serenity Light Recovery – Angleton

Detox, residential treatment, intensive outpatient treatment, veteran programs, faith-based recovery programs, family program, holistic treatment. Private insurance and self-pay.

855-658-6109

www.serenitylightrecovery.com

Shadow Mountain Recovery – Austin

Offers a path to recovery to those suffering with substance use and mental health disorders. Detox and residential treatment. Accepts private insurance.

800-203-8249

www.shadowmountainrecovery.com

Westpark Springs – Richmond

Mental health and addiction treatment for adults, adolescents, and children. Inpatient and outpatient. Accepts most major insurance plans.

832-535-2770

www.westparksprings.com

The Women’s Home – Houston

Residential treatment and transitional housing program for homeless women struggling with addiction and mental illness.

713-521-3150

www.thewomenshome.org/

RESIDENTIAL TREATMENT FOR ADOLESCENTS**Association for the Advancement of Mexican Americans – Houston**

Casa Phoenix is a residential treatment center for boys, ages 13-17 who have substance use disorders.

(713) 967-6700

www.aama.org

Cenikor – Houston

Provides treatment and education to adolescents age 13-17 whose lives have been impacted by a substance use disorder. Accepts Medicaid, private insurance and private-pay.

1-888-236-4567

www.cenikor.org/

The Center for Success and Independence – Houston

Residential and intensive outpatient treatment center providing evidence-based therapy for teens with substance use disorders and mental health issues. Accepts private insurance and self-pay.

713-426-4545

www.tcsi.org

TREATMENT PROGRAMS

Kingwood Oaks – Porter

Drug and alcohol treatment center for women. Accepts private insurance and self-pay.

1-855-862-3278

www.kingwoodoaks.com/

Memorial Hermann Prevention and Recovery Center – Houston

Alcohol, drug, and dual-diagnosis treatment center serving adults and adolescents. Detox, residential treatment, partial hospitalization, intensive outpatient. Accepts private insurance plans and self-pay.

713-939-7272

www.parc.memorialhermann.org

New Dimensions Day Treatment Centers – Houston

Mental health facility that provides treatment for psychiatric and substance use disorders for adolescents, adults, and their families. Accepts insurance and offers payment plans for self-pay.

1-800-685-9796

www.nddtreatment.com/index

Unlimited Visions – Pasadena

Offers a residential program to adolescent males, ranging in age from 13-17. Accepts Medicaid, private insurance and self-pay.

713-534-8191

www.unlimitedvisions.org/

Phoenix House – Austin

Provides addiction treatment and prevention services. Most insurance plans and private pay.

888-671-9392

www.phoenixhouse.org

Shamar Hope Haven Residential Treatment Center – Houston

Residential treatment center for boys aged 10-17.

713-942-8822

www.shamarhopehaven.org

INTENSIVE OUTPATIENT TREATMENT FOR ADULTS

All About Recovery – Houston

Provides treatment for substance use disorders with outpatient care. Self-payment with sliding scale.

713-697-6820

The Arbor – Austin

Integrative and holistic approach to treat substance use disorders and a wide variety of addictions as well as underlying mental health and psychological issues. Gender-specific programs, intensive outpatient, sober living. Accepts private insurance.

844-413-2690

www.thearbor.com

Career and Recovery – Houston

Offers gender-specific group and individual counseling services provided by licensed, experienced counselors. Serves those disadvantaged by homelessness, disabilities, older age, ex-offender status, returning veteran status, substance use disorders, and those with other significant barriers to employment.

713-754-7000

www.careerandrecovery.org

Cheyenne Center – Houston

Transitional and intensive residential and outpatient treatment for adults with chemical dependence. Accepts Medicaid, private insurance, and self-pay.

713-691-4898

www.cheyennecenter.com

Council on Recovery – Houston

Intensive outpatient treatment program at the Center for Recovering Families designed to help achieve successful, lasting recovery. Accepts many insurance plans and self-pay.

713-914-0556

www.councilonrecovery.org

First Steps to Recovery – Houston

Provides a full range of outpatient services for the spectrum of addictive disorders; designed to offer a low-cost alternative to inpatient rehabilitation. Russian and Latino Tracks. Accepts many insurance plans and self-pay.

212-397-3711

www.firststepstorecovery.com/index.html

Houston Discovery Community - Houston

Structured setting with support from licensed professional counselors and treatment staff. Draws heavily upon the 12 Step Approach to Recovery as part of our integrated and individualized personal treatment plans. Supportive outpatient programs also available. Accepts Medicaid and private insurance.

281-857-7591

www.houstondiscoverycommunity.com

Into Action Recovery Centers – Houston

Personalized treatment for drug and alcohol abuse. Detox, residential, and intensive outpatient. Accepts private insurance and flexible self-pay.

844-694-3576

www.intoactionrecovery.com

Memorial Hermann Prevention and Recovery Center – Houston

Alcohol, drug, and dual-diagnosis treatment center serving adults and adolescents. Detox, residential treatment, partial hospitalization, intensive outpatient. Accepts private insurance plans and self-pay.

713-939-7272

www.parc.memorialhermann.org

The Montrose Center – Houston

Outpatient treatment for the LGBT and HIV+ people with substance use disorders. Accepts all insurance and self-pay.

713-529-0037

www.montrosecenter.org/hub/

New Dimensions Day Treatment Centers – Houston

Mental health facility that provides treatment for psychiatric and substance use disorders for adolescents, adults and their families. Intensive outpatient and partial hospitalization. Accepts insurance and offers payment plans for self-pay.

1-800-685-9796

www.nddtreatment.com/index

Phoenix House – Houston

Provides addiction treatment and prevention services. Accepts most insurance and private pay.

888-671-9392

www.phoenixhouse.org

Santa Maria – Houston

Multi-site residential and outpatient treatment center; provides a comprehensive continuum for pregnant and parenting women and children.

713-691-0900

www.santamariahostel.org/

Second Chance Consulting and Outreach – Houston

Eight-week intensive outpatient program. Also offers approved court order and individual anger management, domestic violence, substance abuse, and parenting classes. Accepts insurance.

713-623-1811

www.secondchancereentry.com

Symetria Recovery

Opioid addiction treatment center for adults. Combines medication assisted treatment best practices with a full continuum of counseling, psychiatric and other support services. Accepts most commercial insurance plans and HMOs.

888-782-6966

www.symetriarecovery.com/

Unlimited Visions – Houston

Provides evidenced-based, person-centered care in an outpatient, residential, and recovery environment that meets the spiritual, physical, and emotional needs of adults, adolescents, and their families who struggle with substance use disorders. Accepts Medicaid, private insurance, and self-pay.

713-921-2276

www.unlimitedvisions.org/

INTENSIVE OUTPATIENT FOR ADOLESCENTS**Association for the Advancement of Mexican Americans – Houston**

Intensive outpatient and supportive outpatient is offered in English and Spanish.

713-967-6700

www.aama.org

Center for Success and Independence – Houston

Adolescent residential and intensive outpatient treatment center providing evidence-based therapy for teens with substance use and mental health issues. Accepts private insurance and self-pay.

713-426-4545

www.tcsi.org

TREATMENT PROGRAMS

Memorial Hermann Prevention and Recovery Center – Houston

Alcohol, drug, and dual-diagnosis treatment center serving adults and adolescents. Detox, residential treatment, partial hospitalization, intensive outpatient. Accepts private insurance plans and self-pay.

713-939-7272

www.parc.memorialhermann.org

New Dimensions Day Treatment Centers – Houston

Mental health facility that provides psychiatric and substance abuse treatment for adolescents, adults and their families. Partial day program and intensive outpatient. Accepts insurance and offers payment plans for self-pay.

1-800-685-9796

www.nddtreatment.com/index

Phoenix House – Houston

Provides outpatient addiction treatment and prevention services. Accepts private insurance and self-pay.

888-671-9392

www.phoenixhouse.org

Unlimited Visions – Houston

Provides evidenced-based, person-centered care in an outpatient, residential, and recovery environment that meets the spiritual, physical, and emotional needs of adults, adolescents and their families who struggle with substance use disorders. Accepts Medicaid, private insurance, and self-pay.

713-921-2276

www.unlimitedvisions.org/

HOSPITALS

Cypress Creek Hospital

Treats adolescents and adults who require acute or outpatient psychiatric care or treatment for substance use disorders. Services include: detoxification, chemical dependency residential and inpatient, outpatient, children, adolescent, and adult psychiatric treatment.

281-586-7600

www.cypresscreekhospital.com

The Menninger Clinic

Treatment programs and services for adults, young adults, children and adolescents with complex mental illness, including severe mood, personality, anxiety, and substance use disorders.

713-275-5400

www.menningerclinic.com

Texas West Oaks Hospital

Provides a full continuum of integrated services to meet the needs of patients suffering from mental illness and/or chemical dependency problems. Services include: detoxification, chemical dependency residential and inpatient, outpatient, children, adolescent, and adult psychiatric treatment.

713-995-0909

www.westoakshospital.com

MEDICATION ASSISTED TREATMENT

Innovations Clinic at UT Houston

713-486-2700

Northshore Treatment Center

713-455-7008

Symetria Recovery

888-347-7079

www.symetriarecovery.com/

Texas Clinic

713-694-8100

www.texasclinic.com/

COUNSELING & THERAPY

Achor Counseling & Associates LLC

Provides counseling and therapy services to individuals and families struggling with mental health and chemical dependency issues. Offers guidance and faith-based instruction on how to maintain a life free from drugs and alcohol.

281-781-8444

www.achorcounseling.com

Cornerstone of Houston Team Counseling

Counseling for adolescents and young adults with substance use disorders.

832-463-0226

www.cornerstoneteamcounseling.com/

Council on Recovery

Provides therapy to individuals and families as stand-alone services or in conjunction with aftercare groups.

713-942-4100

www.councilonrecovery.org

Hope and Healing Center

Comprehensive mental health resource dedicated to transforming lives and restoring hope through education, training, and supportive services.

713-871-1004

www.hopeandhealingcenter.org/

The Harris Center for Mental Health and IDD

Provides outpatient mental health services for adults and children with a mental health diagnosis. Serves Harris County residents who are uninsured or underinsured.

713-970-7000

www.theharriscenter.org/

Resource Education Center

281-463-9292

www.resourceedcenter.com/index.htm

SUPPORT GROUPS

SUPPORT GROUPS

Alcoholics Anonymous

Twelve-step recovery meeting for those who want to achieve or maintain sobriety. Focus on spiritual growth but not a religious organization. Free.

AA REPRESENTATIVE: 713-686-6300

FIND A MEETING: https://www.aa.org/pages/en_US

HOST A SUPPORT GROUP: <https://www.aa.org/pages/en-us/starting-a-new-aa-group>

Al-Anon

Twelve-step recovery meeting for friends and family of alcoholics. Focus on spiritual growth but not a religious organization. Free.

FIND A MEETING: <https://al-anon.org/al-anon-meetings/>

Alateen

Twelve-step recovery meeting for teens who are friends and family of alcoholics; focus on spiritual growth but not a religious organization. Free.

FIND A MEETING: <https://al-anon.org/al-anon-meetings/>

Celebrate Recovery

Christ-centered, 12-step recovery program for anyone struggling with hurt, pain, or addiction of any kind. Free.

FIND A MEETING: <https://locator.crgroups.info/>

HOST A CELEBRATE RECOVERY PROGRAM:
www.celebraterecovery.com/crgroups

Cocaine Anonymous

Twelve-step recovery meeting for people who seek recovery from drug addiction; focus on spiritual growth but not a religious organization. Free.

HELPLINE: 713-668-6822

FIND A MEETING: www.ca-texas.org/Meeting.html

Narcotics Anonymous

Twelve-step recovery meeting for people who seek recovery from drug addiction; focus on spiritual growth but not a religious organization. Free.

HELPLINE: 713-661-4200

FIND A MEETING: <https://www.na.org/meetingsearch/>

HOST A SUPPORT GROUP: <https://www.na.org/?ID=startmeeting>

Nar-Anon

Twelve-step recovery meeting for families and friends of addicts; focus on spiritual growth but not a religious organization. Free.

FIND A MEETING: <https://www.nar-anon.org/find-a-meeting>

Pills Anonymous

Twelve-step recovery meeting for people who seek recovery from their pill addiction; focus on spiritual growth but not a religious organization. Free.

FIND A MEETING: www.pillsanonymous.org/meetings/find-a-meeting/

HOST A SUPPORT GROUP: www.pillsanonymous.org/start-a-meeting/

Recovery Support Services Opioid Groups – The Council on Recovery

Support for individuals and families who are struggling with opioid use. Free and open to all.

281-200-9201

CBH@councilrecovery.org

Refuge Recovery

Mindfulness-based addiction recovery community that utilizes Buddhist philosophy as the foundation. Free and open to all.

FIND A MEETING: www.refugerecovery.org/meetings?tsml-day=any

SMART Recovery

Abstinence-based, self-help program for people having problems with drinking and using. Ideas and techniques. Free alternative to 12 steps.

FIND A MEETING: www.smartrecoverytest.org/local/

START A SMART RECOVERY MEETING: www.smartrecovery.org/volunteer/

Spirituality and Recovery

Twelve-step recovery meeting with an emphasis on spirituality.

<http://www.chapelwood.org/mercy-street/whats-up/studies-groups/spirituality-and-recovery/315/>

Winners Circle Peer Support Network

Provides peer to peer recovery services groups in several locations in Houston. The Winners Circle is not a place or thing; it is the people. Breaking Chains, and Changing Lives. The only fee is change.

713-448-9896

SHELTER

The Beacon

Serves the Houston community through daily services, civil legal aid, counseling, mentoring, and access to housing.

713-220-9737

www.beaconhomeless.org

Center for Empowerment (Sonrise Shelter)

An emergency 24hr/day facility providing food, shelter, and clothing to those in need.

281-449-0994

<https://sonrisechurchhouston.com/shelter>

Covenant House

Provides shelter for homeless, abused, and abandoned youth ages 18-24.

713-523-2231

www.covenanthousetx.org

Lord of the Streets

A church community that welcomes, restores, and rebuilds lives through relationship-focused ministries with the homeless and formerly homeless. Offers days shelter, a free medical clinic, and other supportive services.

713-526-0311

www.lotshouston.org/

Magnificat House

Offers an alternative to the streets, providing shelter, meals, community, and guidance toward a bright future.

713-529-4231

www.mhihouston.org/

Mission of Yahweh

Faith-based, non-denominational emergency and transitional shelter.

713-466-4785

www.missionofyahweh.org/

Recenter

Aids homeless men and women with alcohol and drug addictions through services and programs. Provides onsite housing and meals for men and women recovering from alcoholism and drug addiction.

713-524-3682

www.recenterhouston.com/about-recenter/

Salvation Army

Offers four emergency shelters which serve as refuge for homeless men, women, and families.

713-752-0677

www.salvationarmyhouston.org/

Salvation Army Sally's House

Transitional housing for single women who have completed an alcohol/drug detoxification program.

(713) 223-8889

www.salvationarmyhouston.org/homeless/

SEARCH

Specializes in skilled case management to help those who are homeless move from the streets into jobs and safe, stable housing.

713-739-7752

www.searchhomeless.org

Star of Hope Family Shelter

Christ-centered community dedicated to meeting the needs of homeless men, women and their children. Positive life-changes are encouraged through structured programs which focus on spiritual growth, education, employment, life-management, and recovery from substance abuse.

713-748-0700

<https://www.sohmission.org/>

SOBER LIVING

SOBER LIVING

Cenikor

Offers a variety of programs to treat addiction including detox, inpatient, sober living, and prevention programs.

1-888-236-4567

www.cenikor.org/

Pathway to Serenity

Welcomes people who want to learn and refine skills that will lead to lasting recovery from addiction.

713-631-0366

www.pathwaytoserenity.org

Road to Recovery

Ninety-day drug and alcohol program and transitional living center for men.

713-742-6514

www.rtrtx.com/

Treatment Recovery Transitional Center

Provides resources and opportunities for immediate and long-term care.

281-974-2892

www.trtsober.com/

SOBER SCHOOLS

Archway High School

Provides a supportive and sober learning environment to meet the individual educational needs of adolescents in recovery.

713-328-0780

www.archwayacademy.net/

UNITED WAY'S 2-1-1

Free and confidential service that helps people across the US find the local resources they need.
Available 24/7.

<http://www.211.org/>

BASIC NEEDS**Career and Recovery Resources**

Provides a range of employment services including clothing for job interviews.

713-754-7000

www.careerandrecovery.org

Christian Community Service Center

Assists with basic needs such as food, clothing, medical assistance, and rental/utility assistance.

713-961-3993

www.ccschouston.org

Emergency Aid Coalition

Serves individuals and families in Harris County who need food and/or clothing.

713-528-3663

www.eachouston.org

Lord of the Streets

A church community that welcomes, restores, and rebuilds lives through relationship-focused ministries with the homeless and formerly homeless. Offers days shelter, a free medical clinic, and other supportive services.

713-526-0311

www.lotshouston.org/

Montrose Grace Place

Provides a safe, welcoming environment for vulnerable, homeless youth of all sexual orientations and gender identities, by providing nourishment, healthy relationships, and hope for the future.

832-239-0824

www.montrograceplace.org

Salvation Army Social Services

Provides shelter, financial assistance, food, and other basic needs.

713-752-0686

www.salvationarmyhouston.org/

Southeast Area Ministries

Provides food assistance, household, hygiene and infant care, financial assistance, clothing, and referral.

713-944-0093

www.southeastareaministries.com/

Stand Up for Kids

Serves unaccompanied and at-risk youth and young parents with children. Provides street outreach, outreach centers, mentoring, and apartment support.

1-800-365-4543

www.standupforkids.org/

Star of Hope (Men & Women)

Christ-centered community dedicated to meeting the needs of homeless men, women and their children. Positive life-changes are encouraged through structured programs which focus on spiritual growth, education, employment, life-management, and recovery from substance abuse.

713-748-0700

www.sohmission.org/

MONEY MANAGEMENT & RESUME BUILDING**Family Houston**

Free classes on money management; banking and credit; and resume building.

713-861-4849

www.familyhouston.org/financialworkshops/

BASIC NEEDS

CASE MANAGEMENT

COMPASS

Assists the disadvantaged and unemployed in gaining direction and control over their lives through employment or other appropriate means. Offers one-on-one visits with experienced case managers and direct assistance.

713-229-8319

www.houstoncompass.org/index.html

Unlimited Visions Aftercare

Provides group counseling, case management, psycho education/didactic groups, and recovery support services.

713-921-2276

www.unlimitedvisions.org/

LEGAL SERVICES

Beacon Law

Provides justice to Houston's homeless through legal services and advocacy. Assistance with public benefits, ID issues, Veterans Benefits, wills, and estates and much more.

713-220-9737

www.beaconhomeless.org/beaconlaw

Houston Volunteer Lawyers Program

Provides pro bono legal services to men and women with low income in Harris County.

713-228-0732

www.makejusticehappen.org/

Lone Star Legal Aid

Provides free legal aid.

713-652-0077

www.lonestarlegal.blog

YMCA International Services

Provides affordable legal services, including immigration legal services to those in need.

713-339-9015

www.ymcahouston.org/locations/ymca-international

MANDATED COURSES

MANDATED COURSES AND LIFE SKILLS TRAINING

Resource Education Center

Offers a wide variety of state mandated courses and other services to meet the needs of individuals and families. Offers DWI First offender classes, DWI II Intervention Classes, Texas Drug Offender Education Program, Family Education, Minor in Possession Alcohol, Anger Management Therapy, Decision Making, and Smoking Cessation.

281-463-9292

www.resourceedcenter.com/index.htm

Second Chance Consulting and Outreach

Educational and life skills training and programs are designed to rehabilitate as well as provide the knowledge, skills, and abilities for individuals to make a positive impact on their communities and increase community safety. Offers classes on anger management, anti-theft, battering intervention prevention program, defensive driving, and more.

713-623-1811

www.secondchancereentry.com

EMPLOYMENT RESOURCES

Career and Recovery Resources

Assists with preparation for, attainment and sustainment of employment.

713-754-7000

www.careerandrecovery.org

Goodwill Job Connection Centers

713-590-3132

KW Employment and Training Services

Employment program for people with disabilities.

626-354-0426

www.kingdomworksonline.org/

WorkFaith connection

713-984-9611

www.workfaithconnection.org/

Workforce Solutions

1-888-469-5627

www.wrksolutions.com/

HOTLINES

LOCAL HOTLINES

Teen Crisis Hotline

Free, confidential, anonymous crisis and suicide prevention counseling, 24 hours a day, seven days a week.

CALL: 832-416-1177

TEXT: 281-201-4430

The Harris Center Crisis Line

Help available 24/7 for people experiencing a mental health or intellectual or developmental disability-related crisis.

713-970-7000 press 1

EDUCATIONAL RESOURCES

Drugs, Brains, and Behavior: The Science of Addiction (NIDA)

Fosters understanding about the need for long-term support for people in recovery.

www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/preface

Adverse Childhood Experiences (SAMHSA)

Teaches how childhood adversities can increase a person's risk for substance misuse.

www.samhsa.gov/capt/practicing-effective-prevention/prevention-behavioral-health/adverse-childhood-experiences

Opioid Basics (CDC)

Information regarding the opioid epidemic that's designed for non-health professionals and ideal for community and faith-based organizations.

www.cdc.gov/drugoverdose/opioids/index.html

Effective Treatments for Opioid Addiction (NIDA)

Educates on Medication-Assisted Treatment (MAT) and how to offer the best support for people in treatment.

www.drugabuse.gov/publications/effective-treatments-opioid-addiction/effective-treatments-opioid-addiction

Q&A on Naloxone (NIDA)

Information on medications that can reverse an opioid overdose and save lives.

www.drugabuse.gov/related-topics/opioid-overdose-reversal-naloxone-narcan-evzio

Opioid Overdose Prevention Toolkit (SAMHSA)

Offers strategies to health care providers, communities, and local governments for developing practices and policies to help prevent opioid-related overdoses and deaths.

www.store.samhsa.gov/shin/content/SMA18-4742/SMA18-4742.pdf

Decisions in Recovery: Treatment for Opioid Use Disorder (SAMHSA)

Handbook for anyone seeking help or information about cutting down or cutting out narcotics, prescription pain medications, heroin, and/or other opioid drugs.

www.store.samhsa.gov/shin/content/SMA16-4993/SMA16-4993.pdf

"Step-by-Step" Guides

Guides for those who have problem with drugs or know someone who does. Versions for teens, young adults, and adults available.

www.drugabuse.gov/related-topics/treatment

STORIES OF RECOVERY

Hazelden Betty Ford

Short PBS film on fighting the stigma of addiction with stories of recovery.

www.pbs.org/video/fighting-the-stigma-of-addiction-with-stories-of-recovery-1507239610/

Faces and Voices of Recovery

Review the personal stories of people recovering from substance use disorders and share your own story.

<https://facesandvoicesofrecovery.org/resources/recovery-stories.html>

STIGMA REDUCTION LANGUAGE

Office of National Drug Control Policy

Appropriate terminology related to substance use and substance use disorders:

bit.ly/2iGOGZ

Shatterproof

Stigma reduction language:

<https://www.shatterproof.org/about-addiction/stigma/stigma-reducing-language>

PRAYER FOR HEALING

Prayer for Healing for Those Suffering with Addiction by Rabbi Paul Steinberg

Prayer and Discussion Guide: bit.ly/2LUwZG4

COMMUNITY SKILL BUILDING

Mental Health First Aid Training

Training on how to identify, understand and respond to signs of mental illness and substance use disorders. One day course is free. Instructor course is 3 or 5 days and costs \$2,000.

www.mentalhealthfirstaid.org/take-a-course/find-a-course/

Overdose Response Training

Training on how to recognize, prevent, and respond to an overdose by using naloxone, a prescription medication that is used to reverse an overdose.

- The Council on Recovery offers free in-person training.
- Texas Overdose Naloxone Initiative offers free in-person trainings, medication, fentanyl test strips.
- Boston Public Health Commission online course
<https://delvalle.bphc.org/course/view.php?id=659>

Screening, Brief Intervention, and Referral to Treatment Training

Training on a public health approach to encourage early intervention and refer people to the appropriate treatment and support.

- Addiction Technology Transfer Center offers free, self-paced courses:
atcnetwork.org/national-focus-areas/content.aspx?rc=sbirt&content=DISTANCEED&header=Distance+Education
- Access Health provides free training every Thursday at 6:15-7:15 PM;
www.myaccesshealth.org/sbirt
281-663-3195

YOUTH PREVENTION RESOURCES

Above the Influence Youth Prevention Toolkit

Facilitator guides and educational materials to empower teens (12-17) with the necessary intellectual, social, and emotional skills to avoid negative influences.

www.hhs.gov/sites/default/files/atj_toolkit_new.pdf

Botvin Life-Skills Training Program

Evidence-based prevention programs for schools, families, and communities.

www.lifeskillstraining.com/

NIDA for Teens

Blogs, videos, games and educational resources on substance use for teens.

www.teens.drugabuse.gov/

Partnership for Drug-Free Kids

Resources for parents or other caregivers looking for information and strategies to prevent or stop illicit drug use by adolescents.

www.drugfree.org/

GENERAL PREVENTION RESOURCES

Texans Standing Tall – Prescription Drug Take Back Toolkit

Step-by-step guide on how to successfully and safely host a drug take back event in Texas. Drug take back events remove unused, unneeded or expired medications from the home and dispose of them safely to prevent prescription drug misuse, prevent poisonings, and protect the environment.

<https://texansstandingtall.org/pdfs/Rx%20takeback%20final.pdf>

SUPPORTIVE ORGANIZATIONS

SUPPORTIVE ORGANIZATIONS

Bay Area Council on Drugs and Alcohol

1-800-510-3111

www.bayareacouncilondrugsandalcohol.homestead.com/

Council on Recovery

Houston's largest nonprofit provider of prevention, education, treatment, and recovery services.

713-942-4100

855-942-4100

www.councilonrecovery.org/

Institute for Spirituality and Health

Brings together scholars, health care professionals, religious leaders, and the public to learn how spirituality can impact health and healing. The Institute engages in education, research, and direct services.

713-797-0600

www.ish-tmc.org/

Hope and Healing Center

Comprehensive mental health resource dedicated to transforming lives and restoring hope through education, training, and supportive services.

713-871-1004

www.hopeandhealingcenter.org/

Houston Area Spiritual Care Network

Integration of the spiritual and therapeutic recovery communities. Meets monthly to offer support, guidance and resources for mental health and substance use disorders in the faith community.

www.facebook.com/groups/532223950258506/

Houston Recovery Initiative

Works toward a recovery-oriented system of care for those who are affected by alcoholism and addiction. Creates opportunities to collaborate with agencies across Houston, working together to aid those in recovery.

www.houstonrecoveryinitiative.org/mission/

Interfaith Ministries

Fosters understanding, respect, and engagement among people of all faiths.

713-533-4900

www.imgh.org/

Mayor's Youth Council

Organization that allows Houston youth to discuss pertinent issues while promoting activism and community service through its role in civic engagement.

832-393-0891

www.houstontx.gov/myc/

North Harris County Substance Abuse Prevention Coalition

713-439-6000

www.nhcuprevention.com/

SUPPORT GROUPS

Narcotics Anonymous

A global organization that brings together members of the community who are either in recovery for various types of narcotics addiction or who wish to be in recovery.

800-407-7195

www.narcotics.com/narcotics-anonymous/

Alcoholics Anonymous

An international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. Membership is open to anyone who wants to do something about his or her drinking problem.

https://www.aa.org/pages/en_us

Daily Strength

Online social network centered on support groups, where users provide one another with emotional support by discussing their struggles and successes with each other.

www.dailystrength.org/

In the Rooms

Online social network for the Global Recovery Community.

www.intherooms.com/

Recovery 2.0

Global movement that embraces an holistic approach to recovery from addiction of all kinds. Emphasizes the importance of mind-body practices as part of an effective path to recovery and joy in life.

<https://recovery2point0.com/about/>

HOTLINES

National Suicide Prevention Hotline

Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

1-800-273-8255

Substance Abuse Treatment Helpline (SAMHSA)

Provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

1-800-662-4357

United Way's 2-1-1

Free, confidential referral and information helpline and website that connects people from all communities and of all ages to the essential health and human services they need, 24 hours a day, seven days a week.

www.211.org/

LAWS AND RIGHTS

Good Samaritan Laws

Information about state laws that may protect those who are providing and/or calling for help when someone has overdosed.

www.ncsl.org/research/civil-and-criminal-justice/drug-overdose-immunity-good-samaritan-laws.aspx

Parity Track

Understand the law, your rights, and your options in seeking behavioral health treatment.

www.paritytrack.org/

Parity Registry

Find resources in your state for consumer advocates, health plan contacts, state regulators, federal regulators, or veteran and military resources.

www.parityregistry.org/resources/

Freedom from Addiction
Houston 2018 - 2019